

KINGS HEAD HOTEL



** STARTERS **

SOUP DU JOUR (*gf*) £4.95
See blackboard for today's choice

CHICKEN WINGS £5.25
Bourbon and Jaggery Barbequed Chicken Wings on a bed of mixed leaves

PAN FRIED VENISON £5.95
Pan fried Venison with Black Pudding, Spiced Apple and Raspberry Coulis

TIGER PRAWNS (*gf*) £6.25
Tiger Prawns wrapped in Bacon & Waterchestnut, and glazed with a light Horseradish Cream Sauce.

SALMON FISHCAKE (*gf*) £5.95
Homemade Salmon Fishcake with Tahitian Dressing.

LEEK & CHEESE TART (*v*) £5.50
Creamed Leek & Tintern Chive Cheese Tartlet.

GNOCCHI DUMPLINGS (*v*) £5.50
Gnocchi Potato Dumplings with Spinach, Napolitana and Gorgonzola Sauce.

(*v*) = suitable for vegetarian diets
(*gf*) = suitable for gluten free diets

** STEAKS **

10oz Fillet Steak (*gf*) £22.95
8oz Welsh Sirloin (*gf*) £18.50
8oz Prime Rib Eye (*gf*) £16.50

All Steaks are served with either Sauteed Onions & Mushrooms or a Sauce. Choose from:
Red Wine & Mushroom, Madagascan Green Peppercorn or
Blue Cheese.

MAIN COURSES

BREAST OF DUCK (gf) £15.95

Pan-fried Duck Breast served with Mango, Lime and Corriander Salsa.

BRECON CHICKEN (gf) £13.50

Farm Reared Local Chicken, Oven Roasted and Fan Sliced, complemented with a Mushroom Cream Sauce.

STUFFED CHICKEN (gf) £14.50

Breast of chicken stuffed with Manchego Cheese wrapped in Serrano Ham served on Tomato & Chorizo Sauce.

MOROCCAN LAMB (gf) £13.95

Slow cooked Lamb with Apricots, Butternut Squash, Courgettes & Moroccan Spices, served with Cous Cous.

BELLY PORK (gf) £14.95

Slow cooked Pork Belly with Bay Leaves & Garlic on a bed of Colcannon Potato.

SPAGHETTI BOLOGNESE £13.50

Traditional Spaghetti Bolognese from Emilia-Romagna region of Italy.

CHICKEN TIKKA MASALA (gf) £12.95

Homemade 19 spice Chicken Tikka served with steamed Rice.

** FISH & VEGETARIAN **

TUNA STEAK £14.95

Glazed Tuna Steak, marinated in Garlic, Soy, Ginger and Honey, served with Stir fried Vegetables

FILLET OF SEABASS GF £14.95

Grilled fillet of Seabass with Sundried Tomato, Crushed Potato & Green Beans

VEGETABLE WELLINGTON (v) £13.95

Winter Vegetable Wellington served with Spiced Apricot Sauce

VEGETARIAN LASAGNE (v) £9.95

Fresh pasta layered with Spinach, Wild Mushrooms, Roasted Red Peppers and Smoked Mozzarella.

All main courses are served with fresh vegetables of the day, or side salad.

All of the meals stated may contain traces of nuts or nut related products.